



ELITE SKIN AND BODY
RENEW. REVIVE. RELAX.

VI CHEMICAL PEEL: **Pre-Treatment Instructions**

VI Peel Chemical Peel Pre-Treatment Instructions:

1. Wait at least 6 months post Accutane/isotretinoin use before your peel.
2. Two weeks before peel, patients should avoid: Electrolysis, Depilatory Creams, Waxing, Laser Hair Removal.
3. Two weeks before peel, patient should avoid these products and/or procedures: Retin-A ® , Renova® , Differin® , Tazorac® ; any products containing retinol, alpha-hydroxy acids or beta-hydroxy acids, or benzoyl peroxide; any exfoliating products or procedures that may be drying or irritating.
4. If you are prone to herpes simplex outbreaks, such as cold sores, consult your provider on ways to treat prior, or discuss whether the procedure is appropriate for you.
5. If your face or treatment area has irritated skin (sunburn, open wounds, warts, sores, excessively sensitive skin) the day preceding your appointment, please contact our office before your appointment.
6. Chemical peels are contraindicated in patients with a history of recent chemotherapy or radiation therapy; allergies to salicylates like aspirin, phenol or hydroquinone allergy; rashes, or skin reactions; vitiligo, autoimmune disease (rheumatoid arthritis, psoriasis, lupus, multiple sclerosis), liver condition, or any condition that may weaken their immune system; and pregnancy or breastfeeding.